

In the Name of God

Educational, Research, and Executive Activities

Name: Mitra

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Department: Nursing Education

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Academic Qualifications:

Degree	Field of Study	University	Graduation Year
PhD	Nursing Education	Tehran University of Medical Sciences	2019
MSc	Internal and Surgical Nursing Education	Tehran University of Medical Sciences	2011
BSc	English Language	Allameh Tabataba'i University	2009
BSc	Nursing	Iran University of Medical Sciences	2006

Teaching Experience

No.	Course Name
1	Specialized English at Qom University of Medical Sciences

No.	Course Name
2	Specialized and General English at Nik Goftar English Language Institute
3	Specialized and General English at Jihad Daneshgahi, Iran University of Medical Sciences
4	Internship in Internal and Surgical Nursing 4, Tehran University of Medical Sciences
5	Internship in Internal and Surgical Nursing 1 and 2, Qom University of Medical Sciences
6	Internship in Principles and Skills, Qom University of Medical Sciences
7	Internship in Internal and Surgical Nursing 4, Qom University of Medical Sciences
8	Theoretical Course in Internal and Surgical Nursing 1, 2, 3, Qom University of Medical Sciences
9	Internship in Internal and Surgical Nursing 3, Qom University of Medical Sciences
10	Theoretical Course in Patient and Client Education, Qom University of Medical Sciences
11	Internships in Neurology, Gastroenterology, and Endocrinology, Imam Khomeini Hospital, Tehran University of Medical Sciences

No.	Course Name
12	All Theoretical Courses in Internal and Surgical Nursing for MSc Students, Tarbiat Modares University (International Students in English)
13	Theoretical Course in Theory Development for PhD Students, Tarbiat Modares University
14	Quantitative Research Methods for MSc Students, Tarbiat Modares University
15	Qualitative Research Methods for PhD Students, Tarbiat Modares University
16	Mixed Methods Research for PhD Students, Tarbiat Modares University
17	Qualitative Research Methods for International PhD Students, Jundishapur University
18	Theoretical Course in Ethics and Bioethics for MSc Students, Tarbiat Modares University
19	Theoretical Course in Nursing Culture for MSc Students, Tarbiat Modares University
20	Theoretical Course in Health Planning and Evaluation for MSc Students, Tarbiat Modares University
21	Theoretical Course in Epidemiology Principles for MSc Students, Tarbiat Modares University

No.	Course Name
22	Theoretical Course in Education for Individuals, Families, and Communities for MSc Students, Tarbiat Modares University
23	Internship at Akbarabad Health Center for MSc Students, Tarbiat Modares University

Scientific and Research Articles

No.	Title
1	Comparison of Learning Among Undergraduate Students at Tehran University of Medical Sciences Using CD-ROM and Traditional Methods (First Author) - Journal of Nursing Education, 2016
2	Comparison of Satisfaction Among Undergraduate Nursing Students Using CD-ROM and Traditional Methods (First Author) - Iranian Journal of Medical Education, 2015
3	Relationship Between Respiratory Index and Outcomes of Weaning from Mechanical Ventilation in Patients Undergoing Coronary Artery Bypass Grafting at Rajaie Hospital, Tehran (First Author) - Qom University of Medical Sciences Journal, 2014
4	Yadegarfar G, Momenyan S, Khoobi M, Salimi S, Sheikhhaeri A, Farahabadi M, Heidari S. Iranian Lifestyle Factors Affecting Reflux Disease Among Healthy People in Qom. Electron Physician. 2018 Apr 25;10(4):6718-6724. doi: 10.19082/6718. PMID: 29881536; PMCID: PMC5984028.

No.	Title
5	Nikbakht Nasrabadi A, Khoobi M, Cheraghi MA, Joolaei S, Ahmadi Hedayat M. The Lived Experiences of Clinical Nurse Managers Regarding Moral Distress. J Med Ethics Hist Med. 2018 Sep 26; 11:13. PMID: 31346390; PMCID: PMC6642463. (Corresponding Author)
6	Disrupted Value System Among Nursing Care Managers: A Qualitative Study, Journal of Clinical & Diagnostic Research. Mar 2019, Vol. 13 Issue 3, p1-5. 5p. (Corresponding Author)
7	Negarandeh R, Khoobi M, Ahmadihedayat M, Marks D. Critical Care Nurses' Experiences on Dishonesty: A Qualitative Content Analysis. Nurs Ethics. 2022 Aug;29(5):1209-1219. doi: 10.1177/09697330211020422. Epub 2022 May 3. PMID: 35505630 (Corresponding Author)
8	Aljabouri A, Khoobi M, Ahmadi F, Rasekhi A. The Relationship Between Nurses' Moral Sensitivity and Patient Satisfaction in Iraqi Emergency Wards in 2021. Health Education and Health Promotion. 2023;11(3):373-9. doi: 10.58209/hehp.11.3.373 (Corresponding Author)
9	Khoobi M, Ahmadi F. Maintaining Moral Sensitivity as an Inevitable Necessity in the Nursing Profession. Journal of Caring Sciences, 2023, Volume 12, Issue 4, doi: 10.34172/jcs.2023.33147 (First Author)
10	The Relationship Between Stress, Anxiety, Depression, and Resilience in Nurses Working in COVID-19 Wards in Educational Hospitals in Iraq (Corresponding Author) - Iranian Journal of Nursing Research, 2024

Research Projects and Theses

No.	Title
1	Research Project: Comparison of Learning and Satisfaction Among Undergraduate Students at Tehran University of Medical Sciences Using CD-ROM and Traditional Methods (Co-Investigator)
2	Research Project: Phenomenological Study of Clinical Managers' Experiences of Moral Distress (Co-Investigator)
3	Research Project: Study of Lifestyle and Reflux (Co-Investigator)
4	Research Project: Explanation of Intensive Care Nurses' Experiences in Maintaining Honesty in Providing Information to Patients (Co-Investigator)
5	Research Project: Examining the Impact of Implementing Patient Safety-Friendly Hospital Standards on Patient Safety Culture (Principal Investigator)
6	Investigating the Relationship between Stress, Anxiety, Depression, and Resilience among Nurses Working in COVID-19 Wards in Iraqi Hospitals (Supervisor of International Student)
7	Investigating the Relationship between Nurses' Moral Sensitivity and Patient Satisfaction in Iraqi Emergency Wards in 2022 (Supervisor of International Student)

No.	Title
8	Investigating the Relationship between Self-Compassion, Emotional Responses, and Coping Strategies of Nurses Working in Hospitals in Babylon Province of Iraq during COVID-19 in 2022 (Advisor of International Student)
9	Evaluation of the Protocol for Breaking Bad News in Cancer Patients: A Mixed-Methods Study (Supervisor)
10	Examining the Impact of Educational Workshops on Addressing Ethical Challenges Faced by Neonatal Nurses (Supervisor)
11	Examining the Impact of Virtual Education on the Attitudes and Knowledge of Nurses Hesitant to Administer the COVID-19 Vaccine (Advisor)
12	Examining the Relationship between Ethical Sensitivity and Missed Nursing Care in Clinical Nurses (Supervisor)
13	Evaluation of the PEP Model in Managing Volunteer Services of Nursing Students (Advisor)
14	Design and Validation of a Tool to Measure Clinical Nurses' Perceptions of Discrimination in Care Provision (Supervisor)
15	Design and Validation of a Tool to Measure Fatigue in Intensive Care Nurses (Advisor)
16	Design and Validation of a Tool to Measure Professional Attachment in Clinical Nurses (Advisor)

No.	Title
17	Explanation of the Transition Process to Home Care in Parents of Children with Leukemia and Designing an Applicable Model (Advisor)
18	Explanation of the Patient Transfer Process in Pre-Hospital Emergency and Providing an Appropriate Model (Advisor)

Book:

No.	Title	Authors and Translators (as per cover)	Publisher and Place of Publication	Edition	First Print
1	Teaching Methods and Learning Theories (Author)	Mitra Khoobi, Nouraddin Mohammadi, Majid Ahmadi	Hakim Heydachi - Tehran	First	2013
2	Special Nursing Care (Nervous, Respiratory, Kidney) (Translation)	Mitra Khoobi, Maryam Tamimi, Neda Azari, Majid Ahmadi	Hakim Heydachi - Tehran	Second	2013
3	Special Nursing Care (Digestive, Endocrine, Shock) (Translation)	Mitra Khoobi, Maryam Tamimi, Neda Azari, Majid Ahmadi	Hakim Heydachi - Tehran	Second	2013

No.	Title	Authors and Translators (as per cover)	Publisher and Place of Publication	Edition	First Print
4	Medical Abbreviations Dictionary (Translation)	Amir Soltani, Mitra Khoobi, Maryam Tamimi	Heydari - Tehran	Third	2014
5	English Language Education for Master's Degree (Author)	Mitra Khoobi, Maryam Tamimi	Boshra - Tehran	Third	2007
6	Common Drugs in Internal and Surgical Departments (Author)	Mitra Khoobi, Majid Ahmadi	Hakim Heydachi - Tehran	Second	2015
7	Emergency Care Protocols (Translation and Author)	Mitra Khoobi, Alireza Nikbakht, Seyed Ashkan Tabibzadeh, Majid Ahmadi	Timorzadeh	Second	2017
8	Current Approaches in Health Sciences I (Book Chapter)	Dr. Mitra Khoobi, Dr. Yurdanur Dikmen, Dr. Nikbakht Nasrabadi	Ankara, Turkey, 04 May 2021	Ankara, Turkey, 04 May 2021	Ankara, Turkey, 04 May 2021

No.	Title	Authors and Translators (as per cover)	Publisher and Place of Publication	Edition	First Print
9	Current Approaches in Health Sciences II (Book Chapter)	Dr. Mitra Khoobi, Dr. Yurdanur Dikmen, Dr. Nikbakht Nasrabadi	Ankara, Turkey, 2022	Ankara, Turkey, 2022	Ankara, Turkey, 2022

Participation in Scientific and International Forums, Congresses, Seminars, Conferences, and Workshops

No.	Venue	Name of Congress, Seminar, Conference, and Workshop	Type of Participation	Year
1	International Conference On Educational Research, Technical University in Cyprus Campus	Oral Presentation	2012	
2	Nursing Organization	National Conference of Young Nursing Researchers	Participant	2005

No.	Venue	Name of Congress, Seminar, Conference, and Workshop	Type of Participation	Year
3	Razi Conference Center	National Conference of Young Nursing Researchers	Participant	2004
4	University of Welfare and Rehabilitation Sciences	National Congress on Ethics in Nursing	Paper Presentation	2010
5	Medical Community Basij	National Congress on Ethics in Nursing	Paper Presentation	2010
6	Iranian Legal Medicine Organization	International Congress on Legal Medicine	Paper Presentation	2010
7	Iranian Legal Medicine Organization	International Congress on Legal Medicine	Poster Presentation	2010
8	Iran University of Medical Sciences	Educational Seminar on New Wound Treatment Methods	Participant	2010
9	Ministry of Health and Medical Education	Educational Workshop on Drug Safety	Participant	2011

No.	Venue	Name of Congress, Seminar, Conference, and Workshop	Type of Participation	Year
10	Iran University of Medical Sciences	Congress on Nursing Education - Approaches and Challenges	Participant	2009
11	Iran University of Medical Sciences	Workshop on Patient Education	Participant	2009
12	Iran University of Medical Sciences	Workshop on E-Learning	Participant	2009
13	Razi Conference Center	Conference on Pathology and Cancer in Iran	Participant	2009
14	Iran University of Medical Sciences	Congress on New Approaches in Nursing Education	Participant	2006
15	Iran University of Medical Sciences	Seminar on Quality Improvement and New Perspectives on Clinical Education	Speaker	2006
16	Iranian Heart Association	Heart Congress with Participation of the British Academic Community	Participant	2004

No.	Venue	Name of Congress, Seminar, Conference, and Workshop	Type of Participation	Year
17	Ibn Sina Hospital	Vascular Access Workshop	Participant	2011
18	Ibn Sina Hospital	Diabetes and Insulin Workshop	Participant	2011
19	Medical Research Center of Jihad University	International Congress on Fertility and Infertility	Participant	2011
20	Conference Center	Congress on Special Care in Iran (Continuing Education)	Poster Presentation	2012
21	Nursing Organization	3-Day Nursing Congress in Hajj (Continuing Education)	Poster Presentation	2012
22	Qom University of Medical Sciences	Workshop on Critique and Review of Articles	Participant	2012
23	Qom University of Medical Sciences	Creativity Workshop	Instructor	2012
24	Qom University of Medical Sciences	Educational Seminar on Endoscopy	Scientific Secretary	2012

No.	Venue	Name of Congress, Seminar, Conference, and Workshop	Type of Participation	Year
25	Qom University of Medical Sciences	Seminar on “Interpretation of Electrocardiography and Arrhythmia”	Scientific Secretary	2012
26	Shahid Beheshti Educational and Medical Center	Seminar on “The Necessity of Using Drug Cards”	Scientific Secretary	2012
27	Shahid Beheshti University	3-Day Congress on Andropause and Menopause (Continuing Education)	Poster Presentation	2012
28	Shahid Beheshti Educational and Medical Center	Angiography and Its Care	Participant	2011
29	Iranian Nursing Association	General Management Workshop	Participant	2014
30	Iranian Nursing Association	Specialized Nursing Management Workshop	Participant	2014

No.	Venue	Name of Congress, Seminar, Conference, and Workshop	Type of Participation	Year
31	Special Care Association	Fourth Seminar on Special Nursing Care with Code 197359518	Speaker and Host	2016
32	Nursing Organization	Nursing Emergencies in the Block with Code 186439610	Speaker	2017
33	Nursing Organization	Advanced CPR with Code 296439624	Speaker	2017
34	Nursing Organization	Triage with Code 18643968	Speaker	2017
35	Nursing Organization	Neonatal Retinopathy with Code 218451	Speaker	2018
36	Nursing Organization	Program on Problem Solving and Decision Making in Nursing Management	Speaker	2017
37	Nursing Organization	Stress Management	Speaker	2017

No.	Venue	Name of Congress, Seminar, Conference, and Workshop	Type of Participation	Year
		Program with ID 107087		
38	Nursing Organization	Triage Program with ID 10710	Speaker	2017
39	Nursing Organization	Program on Problem Solving and Decision Making in Nursing Management with ID 109231	Speaker	2017
40	Nursing Organization	Crisis Management Program with ID 109257	Speaker	2017
41	Nursing Organization	Program on Patient Communication Principles with ID 11805	Speaker	2018
42	Nursing Organization	Triage Program with ID 116498	Speaker	2019
43	Tarbiat Modares University	Practical Workshop on EndNote	Speaker	2020

No.	Venue	Name of Congress, Seminar, Conference, and Workshop	Type of Participation	Year
		Reference Software		
44	Tarbiat Modares University	Practical Workshop on Advanced Article Search	Speaker	2023
45	Tarbiat Modares University	Proposal Writing Workshop	Speaker	2023
46	Tarbiat Modares University	Practical Workshop on EndNote Reference Software	Speaker	2023
47	Nursing Organization	ABG Interpretation Training	Speaker	2023
48	Tarbiat Modares University	Workshop on Patient Safety Improvement and Workplace Ergonomics	Speaker	2021

Executive Activities

No.	Committee or Association Name	City	Year	Notes
1	Exhibition of Achievements of the Nursing Care Research Center, Tehran University of Medical Sciences	Tehran	2010	Executive
2	International Congress of Cardiology, Iran and Britain	Tehran	2004	Executive
3	National Conference of Young Nursing Researchers	Tehran	2004	Executive
4	Student Introduction Ceremony	Tehran	2004	Executive
5	Seminar on Motivation and Job Satisfaction	Tehran	2005	Executive
6	Editorial Board of “Joushesh and Kavosh” Journal	Tehran	2004-2006	Writer
7	Faculty Member, Qom University of Medical Sciences	Qom	2011-2014	Instructor
8	Nurse in Internal Medicine Department, Ibn Sina Hospital	Tehran	2010-2014	Nurse

No.	Committee or Association Name	City	Year	Notes
9	Member of the Scientific Committee, International Congress on Pain, Tehran University	Tehran	2014	Speaker
10	Panel Member, International Congress on Neurorestoratology	Tehran	2014	Speaker
11	Received Accreditation Certificate from TEMOS	Athens	2017	Training Course
12	Collaboration with the International Affairs Office, Tehran Nursing School	Tehran	2017-2018	Executive
13	Nursing Practice License from the Ministry of Health	Tehran	2019-Present	Training Course
14	Ethics Supervisor for Master's and Doctoral Theses	Tehran	2021-Present	Supervisory Role
15	Editorial Board Member, Scientific-Research Journal of Nursing Education	Tehran	2021-Present	Editorial Board and Reviewer
16	Reviewer, Scientific-Research Journal of Nursing Research	Tehran	2021-Present	Reviewer

No.	Committee or Association Name	City	Year	Notes
17	Reviewer, International Journal “Nurse Education Today”	Tehran	2021- Present	Reviewer
18	Reviewer, International Journal “Health Education and Health Promotion”	Tehran	2021- Present	Reviewer
19	Organizer, Health Week at Tarbiat Modares University	Tehran	2021- Present	Organizer

Awards and Certificates

No.	Subject of Award or Certificate	Awarding Body	Year
1	Outstanding Bachelor’s Student and Talented Nursing Student	Dean of Faculty	2002- 2006
2	Talented Bachelor’s Student in Translation	Deputy of Education	2006
3	Commendation for Excellent Responsibility in Management Internship	Head of Management and Education Group	2006

No.	Subject of Award or Certificate	Awarding Body	Year
4	Winner of the Illustrated Quran Competition	Cultural Deputy of Jihad University of Medical Sciences, Tehran	2006
5	Exemplary Nurse, Ibn Sina Hospital	Matron	2013
6	Outstanding Performance as Internal Medicine Nurse	Head Nurse	2011
7	Top Graduate	Tehran University of Medical Sciences	2019
8	Elite Doctoral Student	National Elite Foundation	2018

Inventions, Innovations, and Electronic Content Production

- **Registered Invention:** Electronic Drug Box, registered with the National Patent Office.
- **Registered Software:** Professional ECG Interpretation Software, certified by the Organization for Management and Planning.

Other Activities

No.	Activity	City	Year	Notes
1	Volunteer Firefighter at Station 71 (Certificate of Completion of Firefighting Training)	Tehran	2009	Volunteer

No.	Activity	City	Year	Notes
2	Member of the Young Nursing Researchers Committee	Tehran	2005	Member
3	Teaching English for Master's Entrance Exam for Medical Group at Iran University of Medical Sciences with my authored books	Tehran	2011-2014	Instructor
4	Teaching Specialized English for Nursing Bachelor's Degree at Qom University of Medical Sciences with my authored books	Qom	2011-2014	Instructor
5	Educational Counseling for Students in Specialized Courses and Master's and Doctoral Entrance Exam Preparation	Tehran	2012-2018	Counselor
6	Member of the Research Council of the Faculty of Nursing and Midwifery	Tehran	2013-2014	Member
7	Reviewer for the Journal of Nursing Education	Tehran	2019	Reviewer

Cultural Activities

No.	Activity	City	Year	Notes
1	Educational Instructor at Health Houses, Tehran Municipality	Tehran	2015-2016	Instructor
2	Collaboration with the Red Crescent Organization	Tehran	2015	Collaborator
3	Collaboration in the National Vaccination Campaign during the COVID-19 Pandemic	Tehran	-	Collaborator

Research Areas

- Qualitative & Quantitative and mixed-method Researches
- Nursing Ethics
- Holistic nursing care
- Learning & Education
- Patients Satisfaction
- Content & Concept Analysis
- Phenomenology
- Grounded Research
- Instrument Development